FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

3235-0287					
0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Roper Ruth						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]									(Check all a			ng Person(s) to Issuer 10% Owner Other (specify		ner
(Last) (First) (Middle) C/O SEALED AIR CORPORATION 200 RIVERFRONT BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 03/13/2013										Vice President					
(Street) ELMWO PARK (City)	NJ	NJ 07407 (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tab	e I - No	n-Deriv	ative	Se	curiti	es Acc	quired,	Dis	posed o	f, o	r Ben	efic	ially	Own	ed			
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Ye		Execution Date,		Code (Transaction Dispo			Securities Acquired (A) or posed Of (D) (Instr. 3, 4 an				5. Amount of Securities Beneficially Owned Following Reported		t of I ect Be Ow	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount		(A) or (D)	Pric	e	Trans	action(s) 3 and 4)		l (in:	nstr. 4)		
Common Stock				03/13	03/13/2013				F		731		D	\$2	3.32	156,719		D		
Common Stock				03/13/2013		3			A		1,984		A		(1)	158,703		D		
Common	nmon Stock															3	,656 ⁽²⁾	I		by 01(k) lan
Common Stock															2,784 ⁽³⁾		I	Sh	y Profit haring lan	
		Ta									sed of, onvertib					wned				
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date or Exercise (Month/Day/Year) if any		n Date, ay/Year) -	Date, Transaction		on of Derivative (Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/D	n Date	r) Amount of Securities Underlying Derivative Security (I and 4)		ount of urities lerlying ivative urity (In 4) Am or Nui		Deri Sec (Ins	rice of vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	hip of Be O) Ovect (In	1. Nature f Indirect eneficial wnership nstr. 4)	

Explanation of Responses:

- 1. Award made under the Stock Leverage Opportunity feature of the Sealed Air Corporation Annual Incentive Plan.
- 2. Reflects unit/share adjustments to the reporting person's holdings under the Sealed Air Corporation 401(k) Thrift Plan, a tax conditioned plan.
- 3. Reflects unit/share adjustments to the reporting person's holdings under the Sealed Air Corporation Profit-Sharing Plan, a tax conditioned plan.

03/15/2013

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.