FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Stiehl William G. (Last) (First) (Middle) C/O SEALED AIR CORPORATION 2415 CASCADE POINTE BOULEVARD							SEALED AIR CORP/DE [SEE] 3. Date of Earliest Transaction (Month/Day/Year) 06/07/2019										olicable) etor er (give title v)	10% Owner Other (specify below) esident and CFO		wner (specify
(Street) CHARL(OTTE NO	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Indivine)	Form Form	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					action	2A. Deemed Execution Date,			3. Transa Code (4. Securit	sed of, or Benefi Securities Acquired (A sposed Of (D) (Instr. 3,				5. Amo Securi Benefi Owned	5. Amount of Securities Beneficially Owned Following Reported		vnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock 06/07/						2019			Code	v	Amount 171	(D)		Price		Transaction(s) (Instr. 3 and 4) 49,306 2,465 ⁽¹⁾			D I	Profit- Sharing Plan
1. Title of Derivative Conversion Date Executiv Security or Exercise (Month/Day/Year) if any		3A. Deeme	e.g., pu			of Of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			cercis n Date ay/Yea	able and			str. 3	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	O F D o (I	.0. Ownership Form: Direct (D) Or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. Reflects unit/share adjustments to the reporting person's holdings under the Sealed Air Corporation 401(k) and Profit-Sharing Plan, a tax conditioned plan.

William G. Stiehl

06/10/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.