SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL					
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Estimated average burden					

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	or Section So(n) of the investment Company Act of 1940					
1. Name and Address of Reporting Person*	2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Doheny Edward L II		X Director 10% Owner				
	-	X Officer (give title Other (specify				
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)	below) below)				
C/O SEALED AIR CORPORATION	02/24/2022	President and CEO				
2415 CASCADE POINTE BOULEVARD						
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable				
(Street)		Line)				
CHARLOTTE NC 28208		X Form filed by One Reporting Person				
	_	Form filed by More than One Reporting Person				
(City) (State) (Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ate Execution Date,		iction Instr.				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	02/24/2022		A		31,456	A	(1)	438,817	D	
Common Stock	02/24/2022		A		114,173	A	(2)	552,990	D	
Common Stock	02/24/2022		F		50,737	D	\$66.76	502,253	D	
Common Stock								1,589	I	401(k) and Profit- Sharing Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 9. Number of 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of 10. 11. Nature 2 Expiration Date (Month/Day/Year) Amount of Securities derivative Securities Derivative Conversion Date (Month/Day/Year) Execution Date, Transaction Derivative Ownership of Indirect Security (Instr. 3) if any (Month/Day/Year) Derivative Security (Instr. 5) or Exercise Price of Code (Instr. Form: Direct (D) Beneficial Beneficially 8) Securities Underlying Ownership Acquired (A) or Disposed of (D) (Instr. 3, 4 Derivative Derivative Owned Following or Indirect (I) (Instr. 4) (Instr. 4) Security (Instr. Security Reported Transaction(s) (Instr. 4) 3 and 4) and 5) Amount

Date

Exercisable

Expiration Date

Explanation of Responses:

1. Award made under the 2014 Omnibus Incentive Plan.

2. Performance Share Unit Award for the 2019-2021 performance period.

/s/ Sonja Burgess, attorney in	02					
fact for Mr. Doheny						

Number

Shares

of

Title

/28/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

v

(A) (D)

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.