FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Sect	ion 30(h) of the	hè Ín	vestmer	nt Cor	npany Act	of 194	40							
1. Name and Address of Reporting Person* WHITE H KATHERINE						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O SEALED AIR CORPORATION						3. Date of Earliest Transaction (Month/Day/Year) 03/13/2013										X Officer (give title below) V. Pres., Gen.			Other (specify below) Counsel, Sec'y		
200 RIVERFRONT BOULEVARD																					
(Street) ELMWOOD PARK NJ 07407					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										S. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S)		Zip)																		
			e I - Nor			_			Acq		Dis	1									
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquir Disposed Of (D) (In: 5)					5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										Code	v	Amount		(A) or (D)	Price	, т	ransa	action(s) 3 and 4)			(11150.4)
Common Stock 03/13.					3/2013	3				F		683		D	\$23	3.32	20	203,783			
Common Stock 03/1					03/13/2013					A		3,160		A	(1)	206,943		Б		
Common Stock																15		5,165 ⁽²⁾	I		By Profit Sharing Plan
		Та	ıble II - [sed of, onvertib					ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		n of r. De Se Ac (A) Dis of	of		6. Date E Expiratio (Month/D		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		J	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owr Forr Dire or In (I) (II	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v			Date Exercisal		Expiration Date	Title	or Nu of	nount mber ares							

Explanation of Responses:

- 1. Award made under the Stock Leverage Opportunity feature of the Sealed Air Corporation Annual Incentive Plan.
- 2. Reflects unit/share adjustments to the reporting person's holdings under the Sealed Air Corporation Profit-Sharing Plan, a tax conditioned plan.

03/15/2013 H. Katherine White

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.