FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
OMB Number:	3235-0104						
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

				1 00000011 00(11	1) 01 010 1111	vestment Company Act of 1940					
Sta			2. Date of Event Requ Statement (Month/Da 05/26/2022		3. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]						
l	(First) R CORPORATION	(Middle)			Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				5. If Amendment, Date of Original Filed (Month/Day/Year)		
2415 CASCADE POINTE BOULEVARD				X	Officer (give title below)	Other (specify	below)			up Filing (Check Applicable Line)	
(Street) CHARLOTTE	NC	28208				President, Amer	icas		X	•	e Reporting Person ore than One Reporting Person
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)				2. Amount Owned (In	of Securities Beneficially str. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock					19,784	D					
Common Stock						1,246	I		401(k) & Profit Sharing Plan		
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable an Expiration Date (Month/Day/Year)		Date	Security (Instr. 4) Convers		cise or Indirect (I)		6. Nature of Indirect Beneficial Ownership (Instr. 5)				
		Date Exercisable	Expiration Date	Title		Amount or Number of Shares	Price of Derivative Security		(Instr. 5)		

Explanation of Responses:

/s/ Caroline Thomas, attorney-in-fact for 06/03/2022

Mr. Grasso ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}ast}$ If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Exhibit 24

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Angel S. Willis, Youhao Dong and Caroline Thomas, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Sealed Air Corporation, a
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any si
- take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever:

 This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5, or any amendation of the undersigned has caused this Power of Attorney to be executed as of this date: May 25, 2022.