FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.0

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

C. 20549	OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Flanagan J. Ryan						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]										all app Direc	olicable)		Issuer Owner r (specify		
(Last) (First) (Middle) C/O SEALED AIR CORPORATION 200 RIVERFRONT BOULEVARD						3. Date of Earliest Transaction (Month/Day/Year) 02/18/2014										below) Vice President					
(Street) ELMWOOD PARK NJ 07407 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									5. Indiv _ine) X	·					
		Tab	le I - No	n-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, o	r Be	nefic	ially	Owne	ed				
1. Title of Security (Instr. 3) 2. Trans Date (Month/			Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. r) 8)						4 and Sec Ber Ow		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount		(A) or (D)	Pric	e	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock 02/18/				/2014	/2014			A		7,637		A	((1) 1		25,309	D				
Common	Stock			02/18	/2014	1			F		2,818		D	\$3	\$32.65 122,491 D						
Common Stock																	1,820	I	By Profit Sharing Plan		
		Ta	able II - I (sed of, onvertib					wned					
1. Title of Derivative Security (Instr. 3)	or Exercise (Month/Day/Year) if any		Transa	ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date E Expiratio (Month/D	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		of s g e (Instr. 3 mount r umber			ve derivative Securities	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)						

Explanation of Responses:

1. Performance Share Unit (PSU) award for the 2011-2013 performance period (made under the 2005 Contingent Stock Plan).

02/20/2014 J. Ryan Flanagan

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.