FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:								

	tion 1(b).	nuc. See		Filed							ities Exchang ompany Act o		f 1934		nours	s per re	esponse:	0.5
Name and Address of Reporting Person* Whitaker Jerry R.					2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]								check all	ship of Reporti applicable) irector	ng Pe	erson(s) to I		
(Last) (First) (Middle) C/O SEALED AIR CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 03/09/2020									fficer (give title elow)		Other (specify below)			
2415 CASCADE POINTE BOULEVARD				4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) CHARLO			8208										F	Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St	ate) (Z	Zip)															
		Table	I - No	on-Deriva	tive S	Secui	rities	Acc	quire	d, Dis	sposed of	, or B	enefici	ally O	wned			
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/				Executi Year) if any		. Deemed ecution Date, iny onth/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Disposed Of				d 5) Se Be Ov	Amount of curities neficially ned Following ported	Fori	Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
										v	Amount	(A) or (D)	Price	Tra	nsaction(s) str. 3 and 4)			(Instr. 4)
Common Stock 03/09/20					020			P		2,000	A	\$28.3	356	10,021		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	ive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		ition Date,		saction e (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities ired rosed) : 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Expiration Date		Amount of De Securities Se		8. Price Derivati Security (Instr. 5	ve derivative Securities	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		

Explanation of Responses:

/s/ Youhao Dong, attorney-infact for Mr. Whitaker

03/10/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.