FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Chammas Emile Z.						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [ SEE ]									heck all D	ship of Report applicable) rector fficer (give title		10% C	)wner
	(Last) (First) (Middle) C/O SEALED AIR CORPORATION 2415 CASCADE POINTE BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 02/13/2020									X Officer (give title below) Other (specify below)  Senior Vice President				
(Street) CHARLOTTE NC 28208 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date							2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)				nd Sed Bed Ow	amount of curities neficially ned Following	For (D)	Ownership rm: Direct ) or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership
								Code	v	Amount	ınt (A		Price	Tra	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock 02/13/					3/2020	2020			F		2,261		D	\$34	.4	194,761		D	
Common Stock															2,689		I	By Profit Sharing Plan	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	rcise (Month/Day/Year) if any of tive (Month/Day/Yea		Date,	4. Transaction Code (Instr. 8)		of Derive Secue Acque (A) or Disposof (D) (Instr	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amount of Mumbe of Title Shares		8. Price Derivativ Security (Instr. 5)	e derivative	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

**Explanation of Responses:** 

/s/ Youhao Dong, attorney-in-

fact for Mr. Chammas

02/18/2020

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.