FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

- 1											
	OMB APPROVAL										
	OMB Number:	3235-0287									
	Estimated average burden										
	hours per response:	0.5									

	ion 1(b).	iue. See		File	ed nurs	uant	to Section	n 16(a)	of the Se	curiti	es Exchan	ne Act	of 193	4		nours	per response:	0.5
iiiou dot	1011 1(10).			1 110							npany Act							
1. Name and Address of Reporting Person* TATE JAMES DONALD						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE]									theck all ap	plicable) ctor		Owner
(Last) (First) (Middle) C/O SEALED AIR CORPORATION PARK 80 EAST					3. Date of Earliest Transaction (Month/Day/Year) 03/17/2006									X Officer (give title Other (specify below) Vice President				
(Street) SADDLE BROOK NJ 07663 (City) (State) (Zip)					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - Non	-Deriv	/ative	Se	curitie	s Acc	quired,	Dis	osed o	f, or	Bene	eficia	ally Own	ed		
1. Title of Security (Instr. 3) 2. Transar Date (Month/D				/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction I		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			nd Secur Benef	ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		A) or D)	Price	Trans	action(s) 3 and 4)		(1113411 4)
Common Stock 03/17/				7/200	/2006		A		6,000		A	(1)) 1	9,463	D			
Common Stock															6,435	I	By Profit Sharing Plan	
		Та	ıble II - D (e								sed of, onvertib				y Owned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		of Deriving Security (A) of Disprior (D) (Instr	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			le and unt of rities rlying ative rity (In:	str. 3	8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v			Date Exercisal		Expiration Date	Title	or	nber				

Explanation of Responses:

1. Award made under 2005 Contingent Stock Plan of Sealed Air Corporation.

03/20/2006 James Donald Tate

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.