FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

	tion 1(b).	nuc. See		Filed							es Exchang npany Act o		1934			nours	s per re	esponse:	0.5
1. Name and Address of Reporting Person*  STEPHENS CHRISTOPHER J					2. Issuer Name <b>and</b> Ticker or Trading Symbol SEALED AIR CORP/DE [ SEE ]									Checl	all app Direc	p of Reporting F plicable) ctor er (give title		erson(s) to la 10% O Other (	vner
(Last) (First) (Middle) C/O SEALED AIR CORPORATION 2415 CASCADE POINTE BOULEVARD				3. Date of Earliest Transaction (Month/Day/Year) 02/24/2022								X Office (give title Street (specify below) Senior VP and CFO							
(Street) CHARL		_	8208 Zip)		4. If A	Line) X For										or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son			
		Table	I - Non	-Deriva	tive S	Secu	rities	Acq	uired,	Dis	osed of	, or B	enefic	ially	Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				Execution Da		Date,	Code (Instr.						5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	Pric	:e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 02/				02/24/	/2022			A		6,251	A		1)	40,981			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	or Exercise Price of Derivative Security (Month/Day/Year) if any (Month/Day/Year) 8)		Transa Code (		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable   Expiration Exercisable   Date		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		unt ber				10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## **Explanation of Responses:**

1. Award made under the 2014 Omnibus Incentive Plan.

/s/ Sonja Burgess, attorney-in-02/28/2022 fact for Mr. Stephens

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.