FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHAN	NGES IN BE	NEFICIAL (OWNERSHIP

	MR APP	ROVAL
OMB N	umber:	3235-0287
Estimat	ed average	burden
hours p	er response	: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Deily K (Last) C/O SEA	Carl R (Find Air Control Cont	CORPORATION DINTE BOULEV			2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE] 3. Date of Earliest Transaction (Month/Day/Year) 02/18/2020 4. If Amendment, Date of Original Filed (Month/Day/Year)								(Check X) 6. Inditine)	Senior Vice President 5. Individual or Joint/Group Filing (Check Applicable				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day		tion	tion 2A. Deemed Execution Date,		3. Transaction Disposed Of (D) (Instr. Code (Instr.		red (A)	or	5. Am Secur Benet	ount of ities ficially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership						
									Code	v	Amount	(A) (D)	Pri	се		action(s) 3 and 4)		(Instr. 4)
Common Stock 02/18/2			2020	020		S		13,233	D	\$3	4.47(1)	2	61,501	D				
Common Stock														6,553	I	By 401k and Profit Sharing Plan		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Security (Instr. 3) Conversion or Exercise Price of Derivative Security Date (Month/Day/Year) (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Month/Day/Year)		4. Transa Code (8)		Str. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				te Amount of		Der Sec (Ins	Price of ivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				

Explanation of Responses:

1. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$34.445 to \$34.486 inclusive. The reporting person undertakes to provide to Sealed Air Corporation, any security holder of Sealed Air Corporation, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

02/19/2020 Karl R. Deily

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.