FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPR	OVAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Roper Ruth (Last) (First) (Middle) C/O SEALED AIR CORPORATION PARK 80 EAST					2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE] 3. Date of Earliest Transaction (Month/Day/Year) 02/16/2005										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director					
(Street) SADDLI BROOK		4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. To Date				2. Transa Date	ransaction		2A. Deemed Execution Date, if any (Month/Day/Year)		е,	3. Transaction Code (Instr		4. Securities Acquired (A Disposed Of (D) (Instr. 3,) or	5. Amou Securition Beneficition	mount of urities leficially ned Following		n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
										Code	v	Amount	(A) (D)	or P	rice	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common	Stock													7,	409		D			
Common	Stock												404		I		By Profit- Sharing Plan			
Common Stock																1,	1,534		I	401(k) Thrift Plan
		Т	able II -	Derivat (e.g., pı												Owned				
1. Title of Derivative Security (Instr. 3)	ittle of 2. 3. Transaction 3A. Deemed 4. Execution Date, urity or Exercise (Month/Day/Year) if any			Transac Code (Ir		of Deriva Securi Acquir (A) or Dispos of (D)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4			rcisal Date /Year	Underlyin		of es ing ve Security		3. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s S Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exe	e rcisable		xpiration ate	Title	or	ount nber res					
Award (Right to Buy)	\$1	02/16/2005			A		4,000		02/	16/2005	04	/18/2005	Commor Stock	4,0	000	(1)	4,000		D	
Employee Stock Options (Rights to buy)	\$40.1008									(2)	03	3/06/2006	Commor Stock	75	97		797		D	
Employee Stock Options (Rights to buy)	\$42.1863									(2)	03	3/05/2007	Commor Stock	3,0)79		3,079		D	

Explanation of Responses:

- 1. Award made under the Contingent Stock Plan of Sealed Air Corporation.
- 2. Immediately

Ruth Roper

02/16/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.