## FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C.	20549

STATEMENT OF CH	ANGES IN BENEF	ICIAL OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Cook Philip H. Jr.</u>						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [ SEE ]									Check a	II app	pplicable)		Person(s) to Issuer  10% Owner Other (specify	
(Last) (First) (Middle) SEALED AIR CORPORATION 200 RIVERFRONT BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 05/13/2013										below) below)  Vice President				``	
(Street) ELMWO PARK (City)	NJ		)7407 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individ .ine) X	Form	or Joint/Group Filing (Check Applicable rm filed by One Reporting Person rm filed by More than One Reporting rson			
		Tabl	e I - Nor	n-Deriv	ative	Se	curiti	es Ac	quired,	Disp	osed o	f, o	r Ben	efici	ally O	wne	ed			
Da			2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (	Transaction Code (Instr.						ecuri enefi wnec	cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount (A) or (D)		Pric	,  т	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			05/13	/2013		S		1,500	,500 D		\$	23	26,258			D			
Common	Stock															1,328 I 40				401(k)
Common	Stock												2,328 I Sha					By Profit Sharing Plan		
		Та	able II - C								sed of, onvertib					ned				
L. Title of Derivative Security Instr. 3)  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year) if any (Month/Day/Year) (Month/Day/Year)		Date, sy/Year)	4. Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Year  Date Exercisable D		•	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of Title Shares		nstr. 3		erivative ecurity	9. Number o derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

**Explanation of Responses:** 

Philip H. Cook, Jr.

05/13/2013

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.