FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-028								
Estimated average I	burden								

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

obligati Instruct	ons may contir ion 1(b).	iue. See		File							ties Exchan					hours	s per response:	0.5
1. Name and Address of Reporting Person* <u>DUNPHY T J DERMOT</u>					2. I:	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [SEE] 3. Date of Earliest Transaction (Month/Day/Year) 10/28/2003									ck all app	olicable)	ng Person(s) to	ssuer
(Last) (First) (Middle) C/O SEALED AIR CORPORATION PARK 80 EAST					-									Officer (give title below)		Other below	(specify)	
(Street) SADDLE BROOK NJ 07663				- 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	5. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St	· · · · · · · · · · · · · · · · · · ·	Zip)		<u> </u>									<u> </u>				
1. Title of Security (Instr. 3) 2. Tra		2. Transa	ection	Execution Date,		3. 4. Secu Transaction Dispos Code (Instr. 5)			rities Acquired (A) or ed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						_			Code	v	Amount	(A) (D)	— [[]	ice	Transaction(s) (Instr. 3 and 4)			
Common Stock			10/28/2003					S		16,300	_	_	\$52		.2,954	D -		
Common Stock				10/28/2003			 		S		800	_	_	52.36			D	
Common Stock			10/28/2003					S		400	I	_	52.37		1,754	D		
Common Stock			10/28/2003					S		500	I	_	52.38		1,254	D		
Common Stock				10/28/2003			<u> </u>		S		700 600			52.39 52.45	510,554 509,954		D D	
Common Stock Common Stock			10/28/2003			1		S		700	-	-	-		19,934	D D		
Common Stock															1,000	I	By Self as Custodian for Family Member	
Common Stock														68	8,410	I	By Profit- Sharing Plan	
		Та									osed of, onvertib				wned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deen Executio if any (Month/D	n Date,	4. Transa Code 8)		on of		6. Date Exerci Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	er				

Explanation of Responses:

T. J. Dermot Dunphy

10/29/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).