FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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	Check this box if no longer subject to
٦	Section 16. Form 4 or Form 5 obligations may continue. See
J	obligations may continue. See
	Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

											-									
Name and Address of Reporting Person*     Deily Karl R						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [ SEE ]										ationship of Reporting c all applicable) Director Officer (give title			10% C	
(Last) (First) (Middle) C/O SEALED AIR CORPORATION 200 RIVERFRONT BOULEVARD						3. Date of Earliest Transaction (Month/Day/Year) 03/10/2010											vice President			
(Street) ELMWOOD NJ 07407 PARK				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									.ine) X F F	lividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City)	(30		(Zip) Ie I - Noi	n-Deriv	ative	Se	curiti	es Aci	nuired.	Disi	nosed o	of. O	. Ben	efici	ally Ow		-d			
1. Title of Security (Instr. 3) 2. Tr			2. Trans	2. Transaction			2A. Deemed Execution Date,		3. Transaction Code (Instr. 5						i. Amount of Securities Beneficially Dwned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount (A)		(A) or (D)	Pric	Tra	Reported Transaction( (Instr. 3 and				(Instr. 4)
Common Stock 0				03/10	/10/2010				A		4,427	4,427 A		(	1)	64,749			D	
Common Stock															863 <sup>(2)</sup>		I		By 401(k) Plan	
Common Stock															1,464(3)		464 <sup>(3)</sup>		I	By Profit Sharing Plan
		Ţ	able II - I (								sed of, onvertib					ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	Code (Ins				6. Date E Expiratio (Month/E	n Date	•	7. Title and Amount of Securities Underlying Derivative Security (Inst and 4)		ount	8. Price Derivati Security (Instr. 5)	ve	9. Number o derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershij Form: Direct (D) or Indirect (I) (Instr. 4	Ownership Form:	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Nu	nber ares						

## Explanation of Responses:

- $1. \ Award\ made\ under\ the\ Stock\ Leverage\ Opportunity\ feature\ of\ the\ Sealed\ Air\ Corporation\ Annual\ Incentive\ Plan.$
- 2. Reflects unit/share adjustments to the reporting person's holdings under the Sealed Air Corporation 401(k) Plan, a tax conditioned plan.
- $3.\ Reflects\ unit/share\ adjustments\ to\ the\ reporting\ person's\ holdings\ under\ the\ Sealed\ Air\ Corporation\ Profit-Sharing\ Plan,\ a\ tax\ conditioned\ plan.$

Karl R. Deily

03/10/2010

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.